

Please join us for  
**NMCA's 5<sup>th</sup> Annual  
Fun Run / Fun Walk**

Or

**Just-Get-Out-There-And-Do-Something-Fun Event**

All "Fun" Events: Meet in the Hotel Lobby Tuesday at 6 AM\*

**Group Photo and Departure Immediately Following**

\*We all know exercise can be a chore and who really wants to move this early in the morning anyway but... after 3 days of conference eating and festivities you will be glad you did it! So take this opportunity to join fellow NMCA fun seekers for at least a few laughs (it is fun), great conversation (some of us can have fun *and* talk at the same time) some fresh air (we have fun rain, snow or moon shine) and earn that 3<sup>rd</sup> trip to the banquet buffet **and** desert too!

2012 Fun Run Goal – 12 Runners (We had 11 last year!)

2012 Fun Walk Goal – 2 Walkers (Jeff Hottenstein's knees are about done in and he refuses to run with us so **PLEASE**, we need a reason to make him get out of bed other than to take our picture !)



**2011 Fun Run**

Any questions: Please Contact Sherrie Juris or Emily Sullivan